

Name: _____ Class: _____ Date: _____

Social Media & Me

[Keep this handout when complete so you can refer to it later]

Do Now [5 minutes, Independent, at Voice Level 1]

Answer the questions below based on your existing knowledge and/or personal experience.

1. How would you explain what social media is to someone who has never used it?

2. Which social media platforms do you use? (Check all that apply)

Facebook

Instagram

Twitter

Snapchat

TikTok

Discord

Other:

3. How often do you use social media?

Daily	A few times a week	A few times a month	Rarely/Not at all
4. How much time do you spend on social media per day?			
1 hour	1-2 hours	2-3 hours	> 3 hours
5. What do you mainly use social media for? (Check all that apply)			
Connecting with friends			
Sharing photos/videos			
Finding entertaining content			
Staying updated on news			
Other:			

[End of Do Now]

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Social Media & Me Exit Ticket

Answer the questions below based on your understanding of today's lesson. All your responses must be written in complete sentences that include all necessary details to receive credit. **Make sure your work is accurate and complete before submitting it!**

1. Using the risk level scale from before, how would you rate your social media use?

Low Risk

Medium Risk

High Risk

What makes you say that?

2. Complete the sentence starter:
 - a. Before this lesson, I used to think...

- b. Now I think...

3. What changes would you make when it comes to using social media in the future, and why?